



# Kirkby Malzeard 10k

Saturday 3<sup>rd</sup> June, 2006

Race fee includes  
refreshments.

Changing area available

## Starts 2pm

Undulating course, all on road (16yrs+).  
(run under UK Athletics Rules - permit applied for)

10k: UKA members £7.50

non-UKA members £9.50

Entries on the day £1 extra. Race limit 300.

## 2 mile fun run

**Starts 1pm:** All runners will receive a commemorative award.

Fun run £3 Entries on the day 50p extra (includes refreshments)

A fun course on and off road (but not suitable for prams, pushchairs, etc).

Family entertainment on the day

Send entry form, fee and SAE by 20<sup>th</sup> May to:

Race Secretary, Turnway, Main Street, Kirkby Malzeard, Ripon, HG4 3SF

Cheques payable to 'Kirkby Malzeard Mechanics Institute'

Proceeds to support Kirkby Malzeard Mechanics Institute and Kirkby Malzeard Playing Fields

Queries to address above or [kirkbymalzeard10k@hotmail.com](mailto:kirkbymalzeard10k@hotmail.com)

Additional forms by request to email address above or at [www.kirkbymalzeard.com](http://www.kirkbymalzeard.com)

All runners must obey race organisers' instructions. Any race numbers not collected 30 minutes before that race start will be resold and you will forfeit any race fee. The race organisers accept no responsibility if the race is cancelled due to unforeseen circumstances.

**Only one entry per form. Complete all fields - incomplete forms will be returned.**

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Forename: \_\_\_\_\_

Age on race day (min 16 for 10k): \_\_\_\_\_

Address \_\_\_\_\_

**Select a category:**

10k Male U40 O40 O50 O60

10k Female U35 O35 O45

Telephone \_\_\_\_\_

Fun run Male U7 U11 U16 Adult(O16)

Email \_\_\_\_\_

Fun run Female U7 U11 U16 Adult(O16)

Club & No \_\_\_\_\_

Fun runner's school: \_\_\_\_\_

Tick here if local runner (3 mile radius of KM Market Cross)

Advance entries: 10k Club runner £7.50; 10k Non-club runner £9.50; Fun run any age £3

Fee enclosed: \_\_\_\_\_

I HEREBY DECLARE THAT I AM AN AMATEUR AS DEFINED BY THE BAF RULES. I AGREE TO ABIDE BY BAF RULES AND UNDERSTAND THAT THE RACE COMMITTEE WILL ACCEPT NO LIABILITY FOR ANY INJURY, LOSS OR DAMAGE, HOWEVER CAUSED, TO COMPETITORS OR THEIR PROPERTY.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_